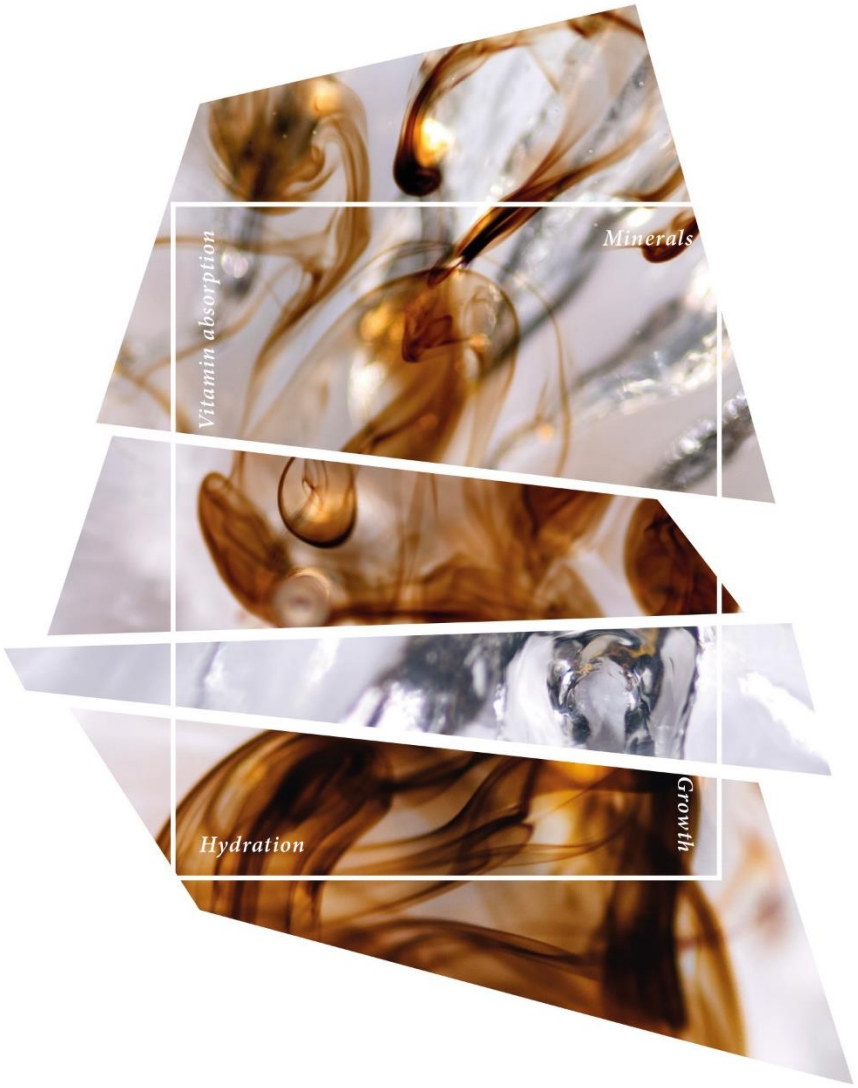


HONEY DEW WATER

Ingredients

HONEY DEW MELON - AS MANY AS YOU WANT!

Method

REMOVE THE SKIN OF THE HONEY DEW MELON AND CUT IN MEDIUM SIZE PIECES.

BLEND THE MELON WITHOUT ADDING ANY WATER (AS THEIR WATER CONTENT IS NATURALLY VERY HIGH).

FREEZE THE LIQUID OVERNIGHT.

DEFROST THE FROZNE JUICE AS YOU STRAIN IT THROUGH A COFFEE FILTER TO ACHIEVE THE END PRODUCT.